### **GET OUTSIDE**

# Three Preserves You Can Paddle







Interested in visiting places we've conserved by canoe or kayak this summer? Here are three preserves that we think are well worth putting your boat in the water to go explore. For detailed instructions on how, when and where, visit our website or call us at 236-7091 for some quick advice.

Littlefield Preserve on Upper Mason Pond, Goose River, Swanville Access: Put in at Swan Lake dam or Smart Road. Take out at Upper Mason Pond on Swan Lake Avenue. Requires shuttle.

The Goose River is an exceptional paddle, offering gentle current, occasional views of open vistas across fields. Being so close to town yet so remote, this paddle is a gem.

#### Beauchamp Point Preserve, Rockport Harbor

Access Points: Rockport Marine Park, 1.4 mi paddle or Camden Harbor, Steamboat Landing, 2.7 mi paddle

This two-acre preserve at the tip of Beauchamp Point is only accessible by paddling, but well worth a visit, so bring a picnic and enjoy the rocky shore at any tide.

#### St. Clair Preserve, Knight Pond, Northport

Access: Boat launch at end of Knights Pond Road, Northport. Knight Pond, at 102 acres, is home to turtles, pitcher plants, and the northern most stand of Atlantic White Cedar in Maine. In spring and during high water, you could paddle the 0.5 mile stream connecting Knight Pond to Pitcher Pond. The entire shorefront of Knight Pond is permanently conserved.

### **2019 SUMMER EVENT SCHEDULE**

**SUNDAY, July 7, 6:00pm**Arts on the Hill: Miners Creek
Beech Hill Preserve, Rockport

SATURDAY, July 13, 10:00am-12:00pm

Coastal Mountains Nature Program: What's so special about fields? Head of Tide Preserve, Belfast

MONDAY, July 15, 6:00pm Arts on the Hill: MoJO Jazz Beech Hill Preserve, Rockport

**TUESDAY, July 23, 9:00-11:00am**Blueberry Farm Tour for Kids
Beech Hill Preserve, Rockport

**SUNDAY, July 28, 3:00-4:30pm**Arts on the Hill: Camden Shakespeare Co.
Beech Hill Preserve, Rockport

FRIDAY, Aug 2, 10:00-11:00am Story Hour with Belfast Free Library Head of Tide Preserve. Belfast FRIDAY, Aug 2, 8:00-10:00pm

Outdoor Movie Night with Stockton Springs Community Builders Stockton Springs Municipal Parking Lot

**SATURDAY, Aug 3, 9:00am-1:00pm**Community Free Blueberry Pick

Community Free Blueberry Pick Beech Hill Preserve, Rockport

Camden Snow Bowl, Camden

SATURDAY, Aug 3, 10:00am-12:00pm Coastal Mountains Nature Program: Hosmer Pond Botany

WEDNESDAY, Aug 7, 11:30am-12:30pm Blueberry Tales with Camden Public Library Beech Hill Preserve, Rockport

THURSDAY, Aug 8, 6:00pm

Arts on the Hill: Salt Bay Chamberfest / flutes Beech Hill Preserve, Rockport THURSDAY, Aug 15, 5:30 - 7:30 pm

Trails Challenge Finish Celebration with the Leaky Boot Jug Band Beech Hill Preserve. Rockport

SATURDAY, Sept 7, 10:00 am - 12:00 pm Coastal Mountains Nature Program:

Mushrooms and Other Fungi St. Clair Preserve (Knight Pond), Northport

**SATURDAY, Sept 7, 1:00-4:00pm** Kites & Ice Cream RETURNS!

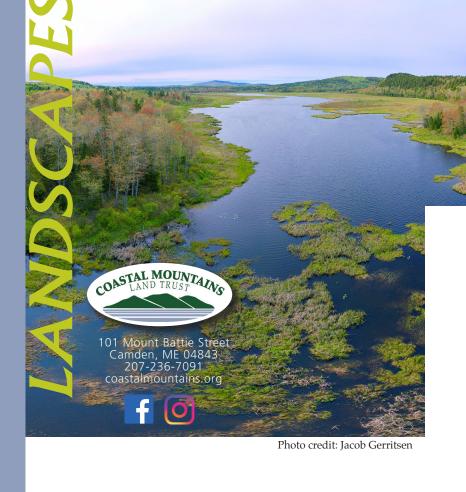
(registration is required)

Beech Hill Preserve, Rockport

SATURDAY, Sept 7, 3:00-5:00pm
Contra Dance with Belfast Flying Sho

Contra Dance with Belfast Flying Shoes City Point Rail Station, Belfast Rail Trail

SATURDAY, Sept 14, 4:00-8:00pm Arts on the Hill: Fiber, Kirtan, & Potluck with Bennett Konesni Beech Hill Preserve, Rockport



### **Pendleton Stewardship Internship Begins**

Thanks to the generous support of our membership and the Pendleton family, the Land Trust has completed its campaign to raise \$75,000 to establish an annual internship in Waldo County. The goal of the program, developed to honor Skip and Jo Pendleton, will be to engage citizens and partner organizations in the stewardship and management of trails and conservation lands in Waldo County.

We are pleased to welcome our inaugural intern, Olivia LaRoche, of Searsmont. Olivia is spending nine weeks between early June and mid-August learning about the Land Trust, community stewardship

and engagement. In the fall, Olivia will be a sophomore at Wellesley College in Massachusetts and is interested in studying environmental policy.

Thanks to all of those who contributed to the Pendleton Fund. If you would like to get involved with a trail project this summer, we have

regularly-scheduled workdays. Please feel free to give us and Olivia a call at 236-7091 or email info@coastalmountains.org.

#### Serving the communities of

Nonprofit Organization U.S. POSTAGE

Auburn, ME Permit No. 82

Rockport, Camden, Hope, Lincolnville, Northport, Belfast, Belmont, Morrill, Waldo, Swanville, Brooks, Knox, Searsport, Stockton Springs, and Prospect

#### **BOARD OF DIRECTORS**

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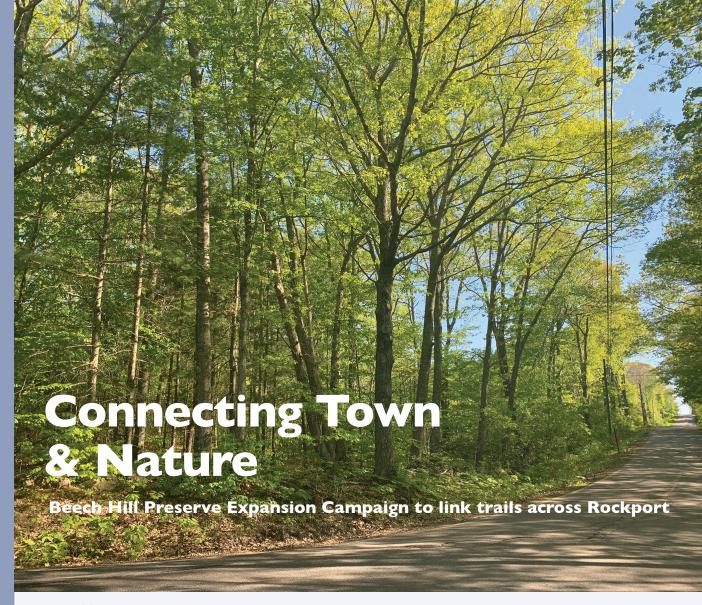
#### STAFF

lan Stewart, Executive Director
Kathy Young, Development Director
Polly Jones, Office Manager
Jackie Stratton, Stewardship Project Manager
Ryan Gates, Stewardship Project Manager
Heather Rogers, Land Protection Manager
Jack Shaida, Land Protection Specialist

Coastal Mountains Land Trust is applying for its 2nd renewal since 2009 as a nationally accredited Land Trust. For information about the National Land Trust Accreditation Program visit: http://www.landtrustaccreditation.org/



LOYAND



Site of future Beech Hill Road, Rockport, trail crossing connecting Beech Hill & Erickson Fields Preserves

oastal Mountains Land Trust is working to conserve an additional 18 acres of land immediately adjacent to our 295-acre Beech Hill Preserve. The goal of this small, yet important project is to provide an additional buffer for the historic Beech Hill property and to create an exciting trail connection between Beech Hill and Rockport village, via the Erickson Fields Preserve, managed by Maine Coast Heritage Trust (MCHT). When completed, this connected trail system will offer visitors a chance to walk nearly three miles from the edge of Rockport Village to the scenic summit of Beech Hill on trails.

More than two years ago, our Land Trust and MCHT came together in response to an urgent and singular opportunity to conserve this land and establish a key trail connection linking the Beech Hill and Erickson Fields Preserves.

After substantial negotiations and planning, Coastal Mountains Land Trust is preparing to raise the \$150,000 needed to see this property permanently protected and to set aside funds for trail construction and stewardship of the land. As part of the project, the Land Trust will acquire a 3.8-acre parcel that will provide the corridor for a future six-foot-wide gravel path and establish a conservation easement protecting over 14 acres of adjacent blueberry fields and mixed hardwood forest.

We hope that you will consider supporting this effort to enhance Beech Hill, and to build a walkable trail connection from the preserve to town. For more information about how you can support this project, contact Kathy Young, Development Director, at 236-7091.

Coastal Mountains Land Trust • SUMMER 2019

### FY 2018/19 YEAR IN REVIEW

#### **The Best Medicine**

y best days are those when I get outside for a walk in the woods. Whether early in the morning with my dog, during the day when work allows, or in the evening with my family, I always find that

walking helps relax the body, ease the mind, and clarify what lies ahead. As Hippocrates is credited with saying, 'Walking is the best medicine.'

Beyond conserving natural spaces for wildlife, protecting places that people walk as part of their daily routine is one of the things I am proudest of while working at the Land Trust. From the Belfast Rail Trail to Beech Hill, our preserves provide great spaces for people to get outside, slow down, and clear their heads.

Right now, our Land Trust



Early work on Round the Mountain Trail at Hope Street

is engaged in a number of exciting projects that will protect open space while also securing terrific places for the community to walk. Beyond launching the Beech Hill Preserve Expansion Campaign that will link

Beech Hill to town (see cover), we've also begun construction of the eight-mile Round the Mountain Trail – a six-eight-foot-wide path around Ragged Mountain. Additionally, we are working to conserve Mt. Tuck in Stockton Springs and are excited at how much enthusiasm that community has expressed for expanding access to trails.

Join us for a walk this summer. Grab your trail guide, get out the door, and take the time to explore a nearby preserve.

# La Stunt

#### LAND PROTECTION

In fiscal year 2018-19, Coastal Mountains Land Trust conserved 953 acres of land. Most notably, this included the completion of the 786-acre Mirror Lake Conservation Easement as well as four additional nearby parcels which added 98 acres to the Ragged Mountain Preserve. In Waldo County, we completed five projects protecting 69 acres.

#### **STEWARDSHIP**

Staff and volunteer teams continue to monitor and maintain 31 preserves and 62 easements between Rockport and Prospect.

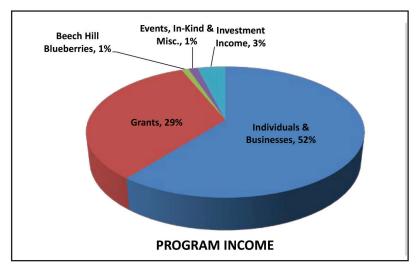
Over 150 volunteers are actively involved in the care and stewardship of our conserved lands. Weekly, teams of volunteers are busy marking boundaries, maintaining trails, and carrying out countless other stewardship projects – small and large. This past year, four new trailhead kiosks and five two-sided road signs were installed to welcome and orient visitors. Staff and volunteers also worked through the process of laying out and designing the Round the Mountain Trail, now under construction.

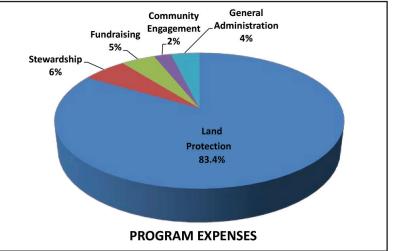
# COMMUNITY ENGAGEMENT

With a wide variety of community events, made possible by countless volunteers hours, thousands of people enjoyed our preserves last year. Pizza & Paint brought out budding young artists, Beech Nut hosted six Arts on the Hill performances and docents offered over 50 Open Houses. Young families learned raking and winnowing skills at the first Blueberry Farm Tour. Our partnership with local schools through the Nearby Naturalists program gave 150+ schoolchildren a chance to do hands-on learning with Land Trust staff and expert volunteers. Our Mountain again joined the Christmas by the Sea parade, while Coastal Mountains Nature Program celebrated its fourth year of guided naturalist walks. Finally, over 500 friends and neighbors found their way up Beech Hill to the third annual New Year's Day Open House.

# Income & Expense for Fiscal Year 2018-2019

Complete audited financial reports are available online







2018 Pizza & Paint at Bok Farm!

# **2019 Conservation and Volunteer Recognition**

**AWARDS** 

#### Chatfield Award Winner

The Chatfield Land Protection Award, named in honor of Charles and Mary P. Chatfield, recognizes an individual or entity that exemplifies the highest level of commitment to the community with a gift of conservation land.

The Maine Water Company has been a patient and generous partner in the Round the Mountain Collaboration, which is leading to the permanent conservation of over 1,500 acres of land including the Mirror Lake and Grassy Pond conservation easements, in Camden, Rockport, and Hope.

#### Connecting Community & Nature Award

This award honors the individual or entity that has demonstrated the highest level of commitment to engaging the people of our community with the outdoors and the lands protected by the Land Trust.

**Roger Rittmaster** has directed the Coastal Mountains Nature Program, in partnership with the Camden Conservation Commission which he chairs, over the past four years. He recruits volunteer specialists to lead naturalist tours at different preserves with an average of 30-40 attending each month.

## Zwartjes Volunteer Award Winners

Presented in honor of the first Board Chairman, William J. Zwartjes, for individual volunteers who have demonstrated extraordinary service to the Land Trust.

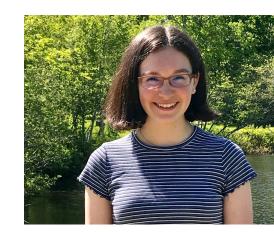
Janet Williams has volunteered with stewardship and community engagement programs for more than eight years. In addition to being a regular participant in trail and boundary work parties, Janet has served as a loyal member of the Stover Preserve honeysuckle control team in Belfast that has worked to remove this persistent invasive plant from large areas of the preserve. Patiently removing these plants and their extensive roots by hand, therefore avoiding the use of chemical treatment, this close knit volunteer team of volunteers has restored over ten acres of native forest.

Janet (R) with another volunteer working on honeysuckle.

Brianna Quinn, a graduating senior at Camden Hills Regional High School, served as an office and community engagement volunteer over the past three years. Answering the call of our annual 'new volunteer' orientation, Brianna began coming into the office as a sophomore to help with whatever task was most pressing. Asked why she chose Coastal Mountains for her volunteer efforts, Brianna said, "I like that the Land Trust helps to preserve Maine's natural habitats and protect its wildlife from development. I loved being able to hike the trails in my community as I grew up, and I want future generations to be able to have those same opportunities." Brianna is off to Gordon College in Wenham, MA in the fall, and we wish her all the best for a bright future.







# FindYourTrai Coastal Mountains Trails Challenge

All 45+ miles of trail owned and managed by Coastal Mountains Land Trust are free and open to the public. We believe that easily accessible trails are critical for a healthy and happy community.

We are committed to continuing to improve and expand our trail system from Rockport to Prospect.

To encourage our members and the general public to spend more time on trails and to raise funds to support them, we are challenging the community to run, hike, bike, and walk a collective 15,000 miles between June 1st to August 15th. Local businesses and foundations have pledged to donate \$1 to the Land Trust for every mile completed, up to \$15,000. What better way to support the trails

you love than by using them?

There is no registration fee -- simply log your miles at coastalmountains.org/trails.

This challenge is not limited to our trails -- any mile on any trail in the Midcoast qualifies!

Everyone who participates will be entered into a raffle for prizes. All participating kids will get a prize at the end of the

raffle for prizes. All participating kids will get a prize at the end of the challenge.

Special thanks to sponsors of this

Special thanks to sponsors of this exciting event: Maine Community Foundation, Cold Mountain Builders, Onion Foundation, Side Country Sports, Bangor Savings Bank, Maine Sport Outfitters, Allen Insurance and Financial, Strout & Payson, Waterfront Restaurant, Front Street Shipyard, Long's Landscape Service, Viking, Inc., Lyman Morse at Wayfarer Marine, Joe French's Quality Car Care, Inc., and Penobscot Bay YMCA.

Their generous support makes this possible!

Coastal Mountains Land Trust • SUMMER 2019

Protecting land for the community, forever